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Rapid Multimineral Determination in Infant Cereal Matrices Using Wavelength Dispersive X-ray Fluorescence

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A rapid and simple method for the determination of a series of macroelements (sodium, magnesium, phosphorus, chlorine, potassium, and calcium) and trace elements (manganese, iron, and zinc) by wavelength dispersive X-ray fluorescence has been developed and validated for infant cereal matrices. Reference values were obtained by inductively coupled plasma optical emission spectroscopy and by potentiometry. The 88 investigated samples were commercially available products. Pellets of 4 g were prepared under 10 tonnes of pressure. For each sample, 3 pellets were prepared and analyzed. Limits of quantification and repeatabilities were evaluated. Calibrations were established with 43 samples, and method validation was made using a second set of 45 samples. An evaluation of this alternative method was done by comparison with data obtained from the reference methods. The results show the good performances of the alternative method to routine infant cereals analysis.

KEYWORDS: WDXRF; infant cereals; food; ICP-AES; potentiometry; mineral; sodium; magnesium; phosphorus; chloride; potassium; calcium; manganese; iron; zinc

INTRODUCTION

The addition of minerals (and/or vitamins), also called fortification, is a common way (1, 2) to allow the standardization of the nutrient content in foods (that naturally show variable concentrations) and thus to ensure the consistency of the product quality, to restore those nutrients lost during processing and then to maintain the nutritional quality of foods, to provide correction and prevention of nutritional deficiencies in the population, and to add value to finished products.

To ensure correct addition of premixes during infant formula or infant cereal production, analytes such as calcium, iron, or zinc may be used as tracers and thus can be determined in final products. Data obtained with accurate and rapid analyses can be used to adapt the process parameters and thus to ensure target concentration of added premixes is achieved. When target concentrations are obtained in compliance with the declaration, the production can be released.

In this connection, since the advent of greater control of starting raw materials as well as finished food products, the development of rapid, robust, multielemental, and accurate techniques to obtain data about the origin, identity, nutrition, or processing has become a priority. The major advantage of the X-ray fluorescence (XRF) technique compared to wet chemical analysis is that the measurements can be carried out directly on solid samples (powder in a sample cup or pressed into pellets). This avoids lengthy and laborious sample preparation steps, using corrosive and toxic reagents, which in turn

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lead to contamination risks. Less manipulation and fewer timeconsuming digestions mean cost and time savings. Further advantages of XRF include simplicity of use, short analysis time, and simultaneous analysis of elements, leading to a high throughput. The XRF technique possesses the main characteristics of an analytical tool to be used near the food production lines (3). For milk powders and infant formulas, the use of the X-ray fluorescence technique shows successful results (4, 5), thus minimizing risks of recall or rework.

In the present study, a wavelength dispersive (WDXRF) method is proposed for the rapid checking of major minerals in finished infant cereals. Calibrations were established using a suitable range of products of infant cereals. These "calibration products" contain a wide range of mineral values, which have been analyzed using reference methods.

MATERIALS AND METHODS

Trial Samples. Infant cereal samples were worldwide commercially available. Two groups of samples were used during this study: the calibration set including 43 samples and the validation set including 45 samples.

References values of all samples are compiled in Table 1.

Prior to all analyses, infant cereal samples were homogenized using a coffee grinder. No synthetic sample was produced by spiking.

Reference Methods. Reference values of all samples were determined using in-house-validated procedures by ICP-AES for Na, Mg, P, K, Ca, Mn, Fe, and Zn and by potentiometry for chloride. Analyses were systematically made in duplicate.

A Varian Vista-AX Axial ICP-AES instrument (Varian, Mulgrave, Australia) equipped with a charge-coupled device (CCD) detector was

Table 1. Reference Values (Milligrams per Kilogram) of the Samples and Identification of the Calibration Samples

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^a Samples with "X" were used in the calibration set. The others were used in the validation set.

Table 2.	Measurement	Conditions	Used	in	This	Stud	ķ
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	radiation	crystal ^a	detector ^b	counting time (s)	kV	mA	collimator (deg)	empirical correction	2θ (deg)	internal standard
Na Mg	Ka Ka	LSM LSM	SG SG	600 600	30 30	2 2	0.25 0.25	Lachance Traill no		Rh Ka Rh Ka
Ρ	Ka1,2 background	PET PET	FPC FPC	60 60	30 30	2 2	0.25 0.25	Lachance Traill	89.350 93.450	Rh Ka Rh Ka
S	Ka1,2 background	PET PET	FPC FPC	60 60	30 30	2 2	0.25 0.25	no	75.712 77.997	Rh Ka Rh Ka
CI	Ka1,2 background	PET PET	FPC FPC	60 60	30 30	2 2	0.25 0.25	Lachance Traill	65.372 67.263	Rh Ka Rh Ka
К	Ka1,2 background	LiF200 LiF200	FPC FPC	60 60	30 30	2 2	0.25 0.25	Lachance Traill	136.637 129.410	Rh Ka Rh Ka
Ca	Ka1,2 background	LiF200	FPC	60	30	2	0.25	Lachance Traill	113.098 not measured	Rh Ka
Fe	Ka1,2 background	LiF200 LiF200	FPC FPC	60 60	50 50	1 1	0.25 0.25	Lachance Traill	57.517 61.620	Rh Ka Rh Ka
Zn	Ka1,2 background	LiF200 LiF200	SC SC	60 60	50 50	1 1	0.25 0.25	Lachance Traill	41.799 43.910	Rh Ka Rh Ka
Rh	Ka1,2	LiF200	SC	60	50	1	0.25	no	17.458	

^a LSM, layered synthetic microstructure; PET, poly(ethylene terephthalate). ^b SG, sealed gas; FPC, flow proportional counter; SC, scintillator counter.

used. A cyclonic spray chamber (thermostated at 15 °C) coupled with a Micromist nebulizer (Glass Expansion, Melbourne, Australia) was used as the injection device, giving a signal of high precision. Chloride

quantifications were done using a titration unit consisting of a Titrino DMS 716 C 730 sample changer C DM 141-SC electrode (from Metrohm) and following the silver nitrate titration method.

Preparation of Samples for XRF Analysis. Three pellets of 4 g of ground sample were pressed under 10 tons of pressure using a manual hydraulic press. The diameter of the pellet die was 32 mm. All accessories were delivered by Specac (Kent, U.K.). The pellets were solid enough to avoid use of a binder such as wax or cellulose. It was previously found that a constant weight has to be applied to only take into account analyte concentrations and matrix effect as factors of variability of XRF intensities.

WDXRF Apparatus. An ARL Optim'X from Thermo (Ecublens, Switzerland) was used for this study with the following characteristics. **Table 2** gives the measurement conditions used for each analyte.

Statistical definitions used for the analysis of calibration and validation data sets are given below.

reference method value WDXRF value	Yi Ŷi
no. of coefficients used in calibration equation robust simple repeatability (used for WDXRF)	$p \\ SD_{rob}(r) = 1.1926 \times Med \{ Med \{ x_i - x_j \} \}$
robust repeatability from duplicates (used for reference method)	$SD_{rob}(r) = 1.0484 \times Med_{i=1,,n} \{ x_{i1} - x_{i2} \}$
robust repeatability limit difference	$r = 2.772[SD_{rob}(r)]$ $d_i = \hat{y}_i - y_i$
bias	$\bar{d} = \frac{\sum_{i=1}^{n} (\hat{y}_i - y_i)}{n}$
standard error of calibration	SEC = $\sqrt{\frac{\sum_{i=1}^{n} (\hat{y}_i - y_i)^2}{n - p - 1}}$
difference standard deviation	$SD(d) = \sqrt{\frac{\sum_{i=1}^{n} (d_i - \bar{d})^2}{n-1}}$
standard error of prediction	$SEP = \sqrt{\frac{\sum_{i=1}^{n} (\hat{y}_i - y_i)^2}{n}}$

RESULTS AND DISCUSSION

Limits of Quantification (LOQ) of the WDXRF Apparatus. All samples were used for the determination of the LOQ. They have been defined as representing the lowest amounts of each analyte that can be determined with suitable accuracy and precision. They were established using two complementary criteria: recovery = average of the WDXRF three pellets results/reference value \times 100 and relative standard deviation of the three pellets results measured by WDXRF.

The criteria conditions and LOQ are listed in Table 3.

Repeatability of the WDXRF Apparatus. Robust relative repeatability limits, r (%), at 95% confidence interval were calculated. Samples were chosen to cover the entire working range of the nine analytes and measured according to the following conditions: 12 pellets of each sample were prepared and analyzed by WDXRF the same day. Maximum relative limits are given in **Table 4** and are compared with ICP-AES reference method repeatabilities (calculated with duplicates on 20 samples during this study).

Table 3.	Criteria	Conditions	and	Limits	of	Quantification	for	Infant
Cereals								

analyte	range of recovery (%)	range of RSD of triplicates (%)	LOQ (mg/kg)
Na	90–110	0–5	500
Mg	90-110	0-5	300
P	80-120	0—5	500
CI	90-110	0—5	300
K	90-110	0–5	500
Ca	90-110	0—5	600
Mn	80-120	0–10	6
Fe	80-120	0–10	30
Zn	80–120	0–10	10

Table 4.	Robust	Relative	Repeatability	/ Limits
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analyte	r(%) ICP-AES	r (%) WDXRF
Na	<3	<6
Mg	<4	<3
Р	<4	<2
CI		<3
K	<4	<4
Ca	<3	<2
Mn	<4	<16
Fe	<3	<7
Zn	<6	<4

Table 5. Calibration Characteristics for Different Elements

analyte	min (mg kg ⁻¹)	max (mg kg ⁻¹)	n	R ²	SEC (mg kg ⁻¹)
Na	848	2717	16	0.9199	137
Mg	303	1393	33	0.8605	84
P	554	4200	42	0.9702	196
CI	311	4234	41	0.9925	120
K	760	7529	42	0.9940	160
Ca	696	5931	32	0.9868	186
Mn	10.0	28.3	10	0.9985	0.4
Fe	31.2	220.6	36	0.9620	9.7
Zn	10.4	76.8	22	0.9908	1.5

Table 6. Empirical Coefficients Used for the Calibrations

	a_0	a ₁	α_{P}	α_{Cl}	α_{K}	α_{Ca}
Na	46.99	11643.79				
Mg	-93.68	25400.06				
Ρ	-130.84	1553383.34		-1.801E-05		-1.769E-05
CI	-31.51	3632.88				
Κ	132.32	30583.20				
Ca	141.32	30631.76				
Mn	1.14	7051.30			2.225E-05	2.703E-05
Fe	-51.11	357.21			4.643E-05	
Zn	2.62	79.98			1.111E-04	

Only r (%) values for concentrations above LOQ were taken into account. For Mn and Fe, XRF repeatability values are quite higher compared with the ICP-AES ones. This can be explained by their concentrations, which are quite lower compared to those of the other analytes,: Na, Mg, P, K, and Ca, and closer to the LOQ of the WDXRF device.

Calibration Characteristics. Using the first set of samples, calibrations were established for Na, Mg, P, Cl, K, Ca, Mn, Fe, and Zn. Only concentrations above the LOQ (see **Table 3**) were taken into account. Both types of infant cereals (+ water and + milk) were included in the calibrations. The results are given in **Table 5**.

Different interelemental empirical corrections were applied to the following formula [Lachance Traill model (6)], with

Table 7. Summary of the Comparison between Reference and Alternative Methods^a

analyte	min (mg kg ⁻¹)	max (mg kg ⁻¹)	n	R ²	bias (mg kg ⁻¹)	model XRF =	= A + B(ref) B	SD(d) (mg kg ⁻¹)	SEP (mg kg ⁻¹)	SEC (mg kg ⁻¹)	SEP/SEC (mg kg ⁻¹)
Na	906	2666	15	0.7481	-53	80	0.90	177	180	137	1.31
Mg	303	1199	29	0.6058	23	-19	1.08	62	65	84	0.77
ΡŬ	789	4224	43	0.9363	-44	111	0.93	271	271	196	1.38
CI	383	3812	38	0.9897	-14	29	0.96	138	141	120	1.18
К	658	7147	43	0.9903	-55	80	0.97	210	214	160	1.34
Ca	1052	5858	30	0.9779	-52	113	0.95	213	216	186	1.16
Mn	10.0	23.9	8	0.9671	0.2	2.0	0.88	1.2	1.1	0.4	3.14
Fe	47.0	191.3	36	0.9093	0.0	8.8	0.92	10.4	10.2	9.7	1.05
Zn	10.5	75.6	28	0.9892	0.0	0.2	0.99	1.3	1.3	1.5	0.87

^a SEP, standard error of prediction; SD(d), difference standard deviation; R², determination coefficient; A, intercept; B, slope.

Table 8. Comparison of Validation Performance Characteristics Obtained for Iron in Milk Powder and Infant Cereals

		min	max			bias	model XRF	= A + B(ref)	SD(d)	SEP	SEC
sample	analyte	$(mg kg^{-1})$	$(mg kg^{-1})$	n	R ²	$(mg kg^{-1})$	А	В	(mg kg ⁻¹)	$(mg kg^{-1})$	$(mg kg^{-1})$
milk powders infant cereals	Fe Fe	35.9 47.0	97.9 191.3	26 36	0.9347 0.9093	0.8 0.0	4.9 8.8	0.94 0.92	3.7 10.4	3.6 10.2	4.2 9.7

Table 9. Specific Calibration Characteristics for Iron

sample	analyte	min (mg kg ⁻¹)	max (mg kg ⁻¹)	n	R ²	SEC (mg kg ⁻¹)
all	Fe	31.2	220.6	36	0.9620	9.7
+ water	Fe	43.2	98.6	12	0.9230	4.9
+ milk	Fe	28.4	220.6	21	0.9525	11.9

C = concentration of analyte and I = WDXRF intensity. Empirical coefficients are given in **Table 6**.

$$\begin{split} C_{\rm Na} &= (a_0 + a_1 \times I_{\rm Na}) \\ C_{\rm Mg} &= (a_0 + a_1 \times I_{\rm Mg}) \\ C_{\rm P} &= (a_0 + a_1 \times I_{\rm P})(1 + \alpha_{\rm Cl} \times C_{\rm Cl} + \alpha_{\rm Ca} \times C_{\rm Ca}) \\ C_{\rm Cl} &= (a_0 + a_1 \times I_{\rm Cl}) \\ C_{\rm K} &= (a_0 + a_1 \times I_{\rm K}) \\ C_{\rm Ca} &= (a_0 + a_1 \times I_{\rm Ca}) \\ \end{split} \\ C_{\rm Mn} &= (a_0 + a_1 \times I_{\rm Mn})(1 + \alpha_{\rm K} \times C_{\rm K} + \alpha_{\rm Ca} \times C_{\rm Ca}) \\ C_{\rm Fe} &= (a_0 + a_1 \times I_{\rm Fe}) \times (1 + \alpha_{\rm K} \times C_{\rm K}) \end{split}$$

 $C_{\rm Zn} = (a_0 + a_1 \times I_{\rm Zn}) \times (1 + \alpha_{\rm K} \times C_{\rm K})$

Global Validation. The second set of samples (validation ones) was statistically evaluated using the calibrations developed above, only if the concentrations given by the reference methods were included in the calibration ranges or very close to the extrema. Statistical evaluation of the alternative method performance was performed using robust statistics (7) and the formulas described above. The results are given in **Table 7**.

For all of the analytes, A was found to be not significantly different from 0 and B was found to be not significantly different

from 1 for the model WDXRF = A + B (ref). This leads to the conclusion that results from the alternative method are similar to reference method results. For all of the elements the bias was found to be not significantly different from 0.

The ratio SEP/SEC is generally used as a final parameter for checking the validity of the method performance. With values lower than 1.5 for all of the elements (except Mn), their validation was found to be quite acceptable. The too narrow number of samples used for Mn validation could explain the high SEP value and SEP/SEC ratio.

The results of the validation are satisfactory and, except for iron, similar to those obtained in the previous study done on milk-based products (5). **Table 8** gives a comparison of the validation performance characteristics obtained for the infant formulas and infant cereals with the ARL Optim'X.

One can observe 2-3 times higher values for SD(d) and SEP obtained for infant cereals than those obtained for milk powders. It has been decided to split all of the previously studied infant cereals according to their preparation mode: addition of water or addition of milk.

Specific Calibrations and Validations. The performance characteristics of the calibration and validation processes are given in **Tables 9** and **10**. Without preparation indications (addition of water or liquid milk), 3 samples were not included in this second-step calculation.

After the sort according to families, the model XRF = A + B (ref) is still acceptable, with A not significantly different from 0 and B not significantly different from 1 for both kinds of samples. Nevertheless, a comparison of SEC, SEP, and SD(d) values shows the following trend:

"+ water samples" < all samples < "+ milk samples"

This can be explained, first, by the higher reference values for iron content found in samples requiring milk for preparation

Table 10. Specific Validation Characteristics for Iron

sample	analyte	min (mg kg ⁻¹)	max (mg kg ⁻¹)	n	R ²	bias (mg kg ⁻¹)	model XRF	$\frac{A + B(\text{ref})}{B}$	SD(d) (mg kg ⁻¹)	SEP (mg kg ⁻¹)	SEC (mg kg ⁻¹)
all	Fe	47.0	191.3	36	0.9093	0.4	8.8	0.92	10.4	10.2	9.7
+ water	Fe	47.0	88.4	13	0.8789	1.4	8.7	0.90	3.8	3.9	4.9
+ milk	Fe	77.2	191.3	20	0.8287	—3.6	4.2	1.01	15.3	15.3	11.9

compared to samples requiring water for preparation. However, no difference in the production processes and in the form of Fe salts added could explain such differences.

Interestingly, only a small improvement in SD(d) and SEP values is observed when using specific calibrations.

Conclusions. The WDXRF technique shows good potential for quality control analyses of Na, Mg, P, Cl, K, Ca, Mn, Fe, and Zn in commercial infant cereals. Compared to EDXRF, the WDXRF technique is able to quantify sodium and magnesium in this type of matrix. Copper could not be analyzed due to insufficient detector sensitivity at the considered concentration level of <7 mg/kg.

Compared to reference methods, the WDXRF technique is quicker, with no sample preparation and no waste generation. Negligible analysis cost per sample, high throuhput, and interesting payback time for investment in WDXRF equipment make this analytical technique very attractive for implementation in the food industry.

The key point for an efficient application is that a suitable range of products containing a large range of element contents must be available to obtain robust calibrations. The setting up of the calibration standards is an important step of the installation of this technique. Delays of several months are generally necessary to collect these calibration samples and to complete the reference measuements.

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